

### Detailed Procedure for the preparation of Medicine:

The fresh stick of *Tebernaemontata crispa* of an about 1 hasta = 1.5 feet is to be taken, to remove external impurities do not wash it with water as it may hamper its medicinal properties. Simply, to remove the external impurities, scrub it gently with Knife. Then, with the help of knife remove the bark of stick and collect it in dish. Thus collected greenish bark pieces are to be pounded with Home Grinder add little bit of water so that it will ease the grinding as it is too hard to grind. Then, transfer that materials in to the Glass; add some water to it and then it is given to patient suffering from Jaundice, loss of appetite, liver disorders etc.

#### Note:

1. He generally prepares three required doses at once and after giving one dose to the patient he keeps remaining Kalka in refrigerator. But he told that, fresh preparation is always better for treatment.
2. In children he even uses the powder of Bark.
3. To suppress its taste he generally advises to Chew *Ajavain* (Yavani) in small quantity and then to take medicine.
4. As per his knowledge none of the patient has reported any kind of complications/adverse effect of this medicine; he mentioned only one patient was suffered with excessive vomiting after his treatment and he himself managed that patient by giving plenty of liquids orally.
5. Increase in appetite is the main criteria for the assessment of treatment.
6. He specifically mentioned diagnostic method for Jaundice as if we keep mixture of diseased urine and rice for whole night then the rice changes to dark yellow color.