

Table 1 — List of some medicinal plants used by Nicobarese Tribe of Car Nicobar Island—Contd

S.No.	Botanical Name	Local Name	Family	Ailment (s)	Method of use
7	<i>Barringtonia asiatica</i> (L.) Kurz	'Tufil'	Barringtoniaceae	Fracture	Leaves along with the leaves of <i>Ipomoea pes-caprae</i> (L.) Sweet and <i>Euphorbia hirta</i> L., are crushed into a paste which is mixed with coconut oil and applied externally.
				Wound	Leaves are warmed in fire and crushed to fine paste which is then applied on cuts and wounds
8	<i>Gouania tilifolia</i> Lamk.	'In-meya'	Rhamnaceae	Internal injuries and fractures	The palm is rubbed with coconut oil and warmed by showing it to the smoke from the burning stems. The palm is gently kept on the affected spots giving a warm and mild massage. This procedure is repeated twice a day preferably morning and evening to relieve pain.
9	<i>Physalis minima</i> L.	'Lin-pep-mal'	Solanaceae	High Fever	Leaves are washed in water and crushed into a fine paste, which is crushed to extract the juice. Juice is applied on the forehead. The substrate is also used but adding it to a glass of water and mixture is applied on whole body.
10	<i>Euphorbia hirta</i> L.	'Mu-Pet'	Euphorbiaceae	Cuts and wounds	Leaves are added to mildly hot coconut oil. Mixture is applied to cuts. 100 gm leaves are added to 1 lit oil.
11	<i>Plumeria rubra</i> L.	'Tayuk-saka'	Apocynaceae	Dysentery and intestinal worms	Bark is cut and boiled in water, till the colour changes to red. It is taken to control loose motion and to kill intestinal worms.
				Fractures	Leaves are crushed and juice is applied on the affected part using
					cotton cloth
				Blisters	Latex is used to cure blisters caused by mosquito bites. Latex is applied directly on the blisters and dried. Coconut oil is applied on it for instant relief.

\*NA (not available)