



RESEARCH PROPOSAL ENTITLED —"MEDICO-BOTANICAL SURVEY OF ANDAMAN & NICOBAR ISLANDS (SELECTED AREAS)

INTRODUCTION:

The Central Council for Research in Ayurvedic Sciences (CCRAS), an autonomous body under Department of AYUSH, Union Ministry of Health and Family Welfare, is apex body in India for undertaking, co-ordinating, formulating, developing and promoting research on scientific lines in Ayurvedic sciences. The activities are carried out through 30 Institutes/Centers/Units located all over India and also through collaborative studies with various Universities, hospitals and institutes. The research activities include Medicinal Plant Research (Medico-ethno botanical Survey, Pharmacognosy and Tissue Culture), Drug standardization, Phrmacological study, Clinical research, literary research & documentation, Reproductive & Child Health Care Programme and Tribal health Care Research Programme.

Ayurveda Tribal Health Care Research Project (ATHCRP), Port Blair (a unit of CCRAS) is functioning at Andaman & Nicobar Islands since 1984 (previously it's headquarter was at Malacca, Car Nicobar and since 2005 it has been working at AYUSH hospital, Port Blair). It periodically conducts Free Ayurveda Camps and Tribal Health Care Survey in collaboration with Directorate of Health Services, A & N administration at various remote areas of this UT for tribal and general peoples.

This unit is conducting Intra Mural research project "Medico Botanical Survey of Andaman & Nicobar Islands (Selected Area) since January 2013. Necessary permission has been obtained from the PCCF, A & N Islands to visit forest areas. 32 forests beats of South, North and Middle Andaman have been covered and 303 medicinal plant species with 55 folklore claims have been collected. The identification of plant specimens and herbarium preparation is under process.

ABSTRACT:

Ayurveda is a comprehensive scientific system of medicine evolved in India and initially it was developed through ancient wisdom, clinical experiences and experimentation in scientific manner. Ayurveda gives extreme emphasis on importance of Physician, Drug, Attendant and patient in treating disease and attending excellent health status. Among them, medicine/drug is having its utmost importance. If physician prefer to use the