

To

The Executive Secretary AAJVS
Port Blair



JIRKATANG dated 08-10-2018

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Sub : Observance of September 2018 as National Nutrition Month - reg.

Respected Madam

The following programmes/activities have been undertaken in Observance of September 2018 as National Nutrition Month from the field office of AAJVS at Jirkatang towards welfare of the Jarawas.

Sl. No	Period	Activities
1	WEEK – I (03-09-2018)	EAT HEALTHY : The Tribal Welfare Officers along with ANMs and field functionaries of AAJVS were given introduction about the Poshahar Month celebration and what-how activities to undertake, in ANTRI on 03-09-2018. The Director (Tribal welfare), Dy Director (Tribal Health) of DHS and other officials were also present in the seminar on "OPERATIONAL ASPECTS OF RASHTRIYA POSHAN MAH"
2	WEEK – II (11-12 Sept 2018)	ANAEMIC PREVENTION : Iron tablets were given to the Jarawa pregnant women and Antenatal mothers, while the Iron syrups were given to the children. In addition, the ALBENDAZOLE tablets have been given to the Jarawa children at their habitats at 9KM, Putatang and RK Nallah Jarawa Reserve area of South Andaman.
3	WEEK – III (17-19 Sept 2018)	HYGIENE AND SANITATION : <ol style="list-style-type: none">1. Cleaned the garbage of plastic and other materials from the Jarawa Reserve including the Jarawa huts. The awareness generated among the Jarawas to clean their surroundings.2. To mark the special purposive month we displayed the poster in front of the activity spots including the Jarawa huts. The AAJVS' ANMs demonstrated how to wash after and before taking food among the Jarawas. How to help children take bath was also demonstrated.3. A particular session was also launched to educate in both formal and informal ways to create awareness among the Jarawa pregnant women in maintaining health and hygiene particularly before and post-delivery.
4	WEEK – IV (25 Sept 2018)	GROWTH MONITORING : The growth monitoring of the Jarawa population has been well maintained. The new born babies were kept under intensive care and their health records well maintained.
5	WEEK – V (28 Sept 2018)	COMPLEMENTARY FEEDING : There is no food starvation among the Jarawas and they are still dependent of seasonal food available in sea and forest for their nutritional food intake.

Yours faithfully
Two, AAJVS, J/Tang