

3. Clinical examination for the diseases mentioned in the form may be done on any day of the survey period.

Form No. 3: Nutritional Deficiency Diseases

1. Examination is to be done in case of all the members of the family.
2. Sl. No. of the family members have to be maintained as these are in Form No. 1 .
3. Clinical examination for the diseases mentioned in the form may be done on any day of the survey period.

Form No. 4: Diet Survey.

1. Survey is to be done normally for three consecutive days.
2. Total amount of foods the family consuming on the day of the survey is to be measured as correctly as possible.
3. Care has to be taken for special cases such as skipping of food by any member of the family, consumption of food by any member separately, distribution of food to others outside the family, community feast, getting food from other families, getting food from foreigner, wastage, feeding the pets (dogs), etc.
4. Edible portion of different food items to be observed and measured.

Form No. 5: Qualitative Information

1. Information on frequency of food intake may be obtained from the persons having the knowledge about their likings as well as by observation.
2. It is to be observed if they have a fixed timing for taking meal.
3. Cooking practices for different food groups are to be observed.
4. This is to be observed if they are feeding a child apparently below 6 months of age anything else other than breast milk.