

Diet Survey and Nutritional assessment of Jarawa

SURVEY METHODOLOGY

During diet survey and nutritional assessment of Jarawas this has to be kept in mind that they are a special group of people and have to be investigated with utmost care, sincerity and patience. Their primitive nature and life style is a great impediment for any survey that demands at least to some extent a systematic life style and the ability of the respondent to interact with the investigator at the desired level. In spite of these limitations greatest effort has to be taken to gather an in-depth knowledge on the dietary pattern, nutritional status and related aspects of the Jarawas. As this is apparently the first major survey in this area of study among them, survey methodology may be amended during pre-testing and then finalised.

Following are the important steps/considerations to be taken for filling the survey schedule.

General:

1. Jarawas should not be irritated in any circumstances.
2. Each composite survey team (three in total) will be comprised of two members including one medical person (team leader) for health and nutrition survey..
3. Each team has to be self sufficient in terms of survey tools.
4. Household survey (including diet survey) should normally be completed in three days.
5. Name of head of the eldest member of the family and date of survey should positively be noted on each form of the schedule.
6. Maximum effort has to be taken to gather as much information as possible during survey.
7. In case of incompleteness, what so ever, a note has to be kept with proper reasoning.
8. Investigators should sign the survey schedule.