

S/NO	ITEM	SCALED RATION
1.	Rice	- 5 Kg.
2.	Atta	- 9 Kg.
3.	Sugar	- 500 gms.
4.	Amul milk	- 500 gms.
5.	G.N. Oil/Refined Oil	- 500 gms.
6.	Dalda	- 500 gms.
7.	Dall/pulses	- 500 gms.
8.	Tamarind	- 100 gms.
9.	Chilly powder	- 50 gms.
10.	Dhanya Powder	- 50 gms.
11.	Haldi Powder	- 50 gms.
12.	Tobacco leaves	- 50 gms.
		(only to adults)
13.	Onion	- 500 gms
14.	Match box	- 2 Nos.
15.	Candle (M)	- 1 Pkt.
16.	Washing Soap	- 2 Nos.
17.	Bathing Soap	- 2 Nos.
18.	Salt	- 500 gms.
19.	Kerosene Oil	- 2 Litres
20.	B.B. Tea	- 500 gms.

Clothes :

Male - 2 sets of shirts & shorts (half pants)
 Female - 2 sets of lungi and blouses.

Supplementary Baby Food

Baby Milk - 2 Kg
 Cerelac (Wheat) - 1 Kg

(For infants upto the age of 3 years)