

02/05/2014:- (Friday) ANM, Pharmacist and MPH/W posted there, went to settlement area and requested the remaining people to come to Sub-Centre at 7.00 am for health check up. We could examine all the people including Mr. Bhalla and his wife both elderly were examined in their dwelling.

All together 112 Onge people are living in the settlement area, we have examined 110 people and the other two people had come to G.B.Pant Hospital for treatment.

- 1) Totonage elderly male suffering from DM with diabetic retinopathy is well under control (his random blood sugar 158) asked to continue gluformine G1 and vitamin.
- 2) Badaraju elderly male was suffering from dimness of vision with bilateral mature cataract was referred to eye specialist G.B.Pant Hospital for further evaluation and treatment.
- 3) Mr.Sagar 15 year old boy was a new case of suspected Rheumatic/congenital heart disease. He was referred to Medical Specialist for further cardiac evaluation and management
- 4) Baby Tsunami 8 year Fch suffering from Cognitive developmental delay referred to paediatric specialist to evaluate and rule out hypothyroidisms.
- 5) Champa w/o Kwaku is suffering from suspected epilepsy referred to Medical Specialist G.B.Pant Hospital for CAT Scan and EEG.
- 6) Three new pregnancies were detected by gravindex test; Geetai, Reetai and Mousumi were newly registered for Antenatal checkups.
- 7) Among the three pregnant, Mousumi 21 / F was having severe anaemia (Hb. 5 gm %) was referred to Gynaecologist G.B.Pant Hospital Port Blair for blood transfusion and ultra sonography.
- 8) There were 3 pregnant women previously registered for ANC were examined by LMO and confirmed their pregnancy is progressing well. They were distributed protein powder, iron and folic acid and other micronutrient supplementation. All the pregnant women were advised to attend regular ANC, consume IFA and to take tetanus toxoid injection. They were advised about diet and personal hygiene.
- 9) There were 4 lactating mother, all the 4 new born including one premature child are healthy and gaining weight. All the lactating mothers were given protein supplements and micronutrient supplement they were told about the importance of exclusive breast feeding, young child breast feeding and complementing feeding.
- 10) There were 4 case of respiratory infection; they were given suitable antibiotic and other treatment. 2 children were having allergic bronchitis was advised asthalin nebulisation twice a day.
- 11) There were 5 hypertensives, 3 are newly detected, and they were prescribed anti hypertension, advised low salt diet.
- 12) Bhalla, 70 / M suffering from hypertension with CVA with right hemiplegic, his BP was 130/80 well under control; pharmacist was advised to continue same anti hypertension drug and to do physiotherapy.
- 13) Updated health profile of all the member of the tribe
- 14) Estimated haemoglobin of all the people (excluding children aged less than 6 months) except Mr.Bellai who was afraid of blood test and went to Jungle. Among 105 people examined only four were having haemoglobin less than 7 gm%, 40 were having moderate anaemia (Hb level between 7 and 10). ANM and Pharmacist were advised to give IFA twice a day for all severe anaemia person and IFA once a day for 3 month for moderate anaemia.