





Port Blair, dated of June 2014

TOUR REPORT OF DR.H.M.SIDDARAJU, DEPUTY DIRECTOR (TRIBAL HEALTH) ON RCH CAMP HELD AT DUGONG CREEK FROM 1ST TO 4TH MAY 2014.

01/05/2014:- Reproductive Child Health Team was constituted vide DHS Order No. 07 Dated.29/04/2014. Team consists of the Following members.

- 1) Dr.H.M.Siddaraju, Deputy Director (Tribal Health)
- 2) Dr. Sarika Ratnam, Medical Officer In-charge, PHC R.K.Pur
- 3) Smti. Shanti Teressa Lakra, ANM (TH)
- 4) Mr. K.K.Gharami, Health Educator.
- 5) Mr.Brij Bhan, sr Lab Technician
- 6) Mr. Thomas Mathew, sr Lab Technician

Objective of the RCH Camp

- 1) To provide preventive, promotive and curative health care to Onge tribe at their settlement area.
- 2) To update health profile card of all the members of the community by conducting clinical and systemic examination.
- 3) To provide Maternal and Child Health Care and to provide protein supplement and micronutrient to pregnant women, lactating mother and all children less than 5 years.
- 4) To estimate the prevalence of anaemia among tribal community.

1/05/2014:- (Thursday) the entire team member left Port Blair by M.V.Dering at 8.00 pm reached Hut Bay at 6.30 am. Team carried essential medicines, protein and micronutrient supplements along with them. Team proceeded to Dugong Creek on the same day at 10.00 am from V.K.Pur by Motor Dinghi reached Onge settlement at 12.00 noon. Team met Mr. Tai, Captain of the Onge tribe and told him about the purpose of the visit and requested them to come to Sub-Centre for health check up and treatment at 3.00 pm.

Three separate stations were made for clinical examination, lab investigation and for distribution of medicine and micronutrient. Team started health check up at 3.00 pm. Female were examined separately by lady medical officer, privacy was maintained during examination. On the first day we could examine only 30 people.

On the same day at 6.00 pm Health Education session was held, all the people were asked to assemble in the Community Hall and they were told about the importance of personal hygiene and dental hygiene, maintenance of Cleanliness of their dwellings and surrounding of the settlement for prevention of communicable disease such as malaria, diarrheal disease. They were also educated about the ill effects of consumption of Alcohol and tobacco / beetle nuts. Further, they were educated on anaemia and its effect on health. Motivated them to use sanitary latrine, chappals daily and emphasised on washing their hands especially after defecation and before having food to prevent anaemia.