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1. Contact expeditions should be carried out once every fortnight; during such expeditions, contact should be made with the Jarawas for three days consecutively; and the duration of each such contact should vary from 2 to 6 - 7 hours;
 2. The contact team should comprise of a socio-cultural anthropologist, a doctor/medical scientist, a nutrition expert, an ethno-biologist, two linguists, and one or two officials of the Tribal Welfare Department.
 3. The present system of giving gifts of coconut and banana may continue;
 4. The present code of conduct to be observed by members of the contact team during such contact missions may also continue;
 5. The members of the contact team should be selected by name and they should continue atleast during the period of pilot project i.e. six months;
 6. In order to maintain the regularity and frequency of the contact missions as suggested above, it was essential that the Administration ensures availability of boat on the specified dates;
 7. The Administration should take steps to keep proper vigil and check poaching in the Jarawa area both from land and sea routes.

As regards the Sentinelese, it was suggested that for the time being, the present pattern of carrying out contact missions to the Sentinelese area may be kept up and during the period of pilot project for the study of Jarawa tribe, three suitably spaced expeditions may be carried out to contact the Sentinelese.

Lastly, the experts suggested that after completion of the pilot project study, a review may be carried out preferably by a select committee out of the experts who had participated in the Seminar so as to work out a long-term policy for future development of the two tribes namely the Jarawas and the Sentinelese.