

Para
No.

(12)

After discussions in the meeting it was decided to include moong dal, green leafy vegetables, eggs, jaggery and milk in the free ration. It was unanimously decided that tobacco should be deleted from the free ration. The DHS and Assistant Director, ICMR opined that all cereals have equal value of carbohydrate and since the tribals like rice more than wheat flour the quantity of rice may be increased from 5 Kg to 9 Kg and the quantity of wheat flour may be reduced to 5 Kg from 9 Kg and the quantity of these items supplied to the children may also be changed in the same proportionate accordingly. Regarding supply of par boiled rice in place of polished rice it was pointed out that par boiled rice may not be available in the supply department and if the additional supplementary food items as recommended are included then the supply of polished rice may continued. It was also recommended to supply milk to the children upto the age of 13 years. It was also unanimously decided that the above supplementary food items may be supplied initially for 6 months and thereafter the same may be reviewed after studying the general health condition of the tribals. As per the discussions and recommendations the following food items may be supplied to the Great Andamanese and Onges :-

SLNO	ITEM	PROPOSED SCALE
1.	Rice	9 Kg.
2.	Atta	5 Kg.
3.	Sugar	500 gms.
4.	Amul milk	500 gms.
5.	G.N. Oil/Refined Oil	500 gms.
6.	Dalda	500 gms.
7.	Arhar Dal	200 gms.
8.	Moong Dal	200 gms.
9.	Masoor Dal	200 gms.
10.	Tamarind	100 gms.
11.	Chilly powder	50 gms.
12.	Dhanya Powder	50 gms.
13.	Haldi Powder	50 gms.
14.	Onion	500 gms
15.	Green leafy vegetables	400 gms. per week or 200 gms twice in a week
16.	Other vegetables	500 gms. per week or 250 gms twice in a week