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Scale of special baby foods provided to children up to 3 years of age is adequate but it should be given to children of 4 months to 3 years of age. Mothers should be educated that these are the supplements and not the substitutes of the diet of the baby. Children, in addition should receive the available cooked food at home. No additional supplements should be given to infants up to 4 months of age as only breast milk is sufficient for growth and development of children up to 4 months.

Tobacco should be completely eliminated from the rations. Nutritional education programmes to make the community members aware of healthy dietary practices should be undertaken. Proper and effective implementation of National Health Programmes should be ensured.