

K42/K35 OE Z2 NR 26 GR 125

TO : DHS P/B (R) DIRECTOR (TW) P/B  
FM : DR. J.C DAS MD I/C RANGAT

NO. 689 DT. 31/8/98

= ACCORDING TO RDA(ICMR) DAILY REQUIREMENT OF CEREALS (RICE AND WHEAT)  
FOR AN ADULT MODERATLY WORKING IS 450 GMS ( ) SO MONTHLY REQUIREMENT IS ABO  
UT 14 KGS ( ) ALL THE TRIBAL PREFER RICE THAN ROTI ( ) SO THEY MAY BE SUPPLI  
ED 9 KG RICE AND 5 KG ATTA FOR AN ADULT MEMBER ( ) FOR CHILDREN HALF OF THE  
ABOVE QUANTITY TO BE SUPPLIED ( ) AS PARABOILED RICE IS MORE NUTRITIOUS SO  
TRIAL FOR SUPPLY OF THE SAME IS ADVISABLE ( ) TO AVOID WASTAGE DUE TO POOR  
STORAGE FACILITY BIWEEKLY ISSUE OF RATION IS RECOMMENDED ( ) DETAIL RDA  
BEING SENT BY SURFACE MAIL =

MDN/ THI 1500

m.v.

Put up on  
Cann file indvats  
SD

For 1625/31/8

H. G. S.  
8/9/98

100 6458/2  
21/9/98

125  
3/9/98